

**2009
Collierville High School
Coach Paul Cox
Football Camp**



The camp is designed to help young players become better players and better team members. Individual skills and team skill will be taught.

Weight training and speed improvement will be introduced.

Camp schedule

8:30 - Stretch, flex and running drills

9:00 - Offensive position work

10:00 - Defensive position work

11:00 - Team work and competition

12:00 - Dismissal

Camp Staff

Coach Paul Cox and the high school coaching staff will direct all activities. Counselors will include recent graduates currently playing in college and current Collierville players.

Equipment & Supplies

Each camper should bring tennis shoes and cleats.

Camp Location

Paul Cox Football Training Center and Collierville Varsity practice field.



Cost & Dates

July 20 – 23

Grades 5–8: \$100

Contacts

If you have questions:

- 850-7269
- peacox4@earthlink.net

Checks should be made payable to Collierville Kickoff Club and should accompany the application.

Applications should be mailed or brought to the Paul Cox Football Training Center at 586 Peterson Lake Rd., Collierville, TN 38017

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Camp Application

Name _____

Address _____

City _____

State _____ Zip _____

Home Phone _____

Emergency Phone _____

School _____

Grade entering Fall 2009 _____

Height _____ Weight _____

T-shirt (circle **size**):

Youth — S M L

OR

Adult — S M L XL

Doctor to call in case of emergency _____

Phone _____

Cut or tear application here